Princess May Primary School

P.E. Curriculum Overview 2026–2027

Princess May P.E. Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Introduction to P.E. 1	Introduction to P.E. 2	Teacher led: Dance Unit 1 Coach led: Fundamentals Unit 1	Teacher led: Gymnastics Unit 1 Coach led: Fundamentals Unit 2	Teacher led: Dance Unit 2 Coach led: Ball Skills Unit 1	Teacher led: Mindful Movement Unit 1 Coach led: Games Unit 1
Year 1	Teacher led: Fitness Coach led: Fundamentals	Teacher led: Sending and Receiving Coach led: Ball Skills	Teacher led: Dance Coach led: Target Games	Teacher led: Gymnastics Coach led: Net and Wall Games	Teacher led: Parkour Coach led: Invasion Games	Teacher led: Team Building Coach led: Athletics
Year 2	Teacher led: Fitness Coach led: Fundamentals	Teacher led: Sending and Receiving Coach led: Ball Skills	Teacher led: Dance Coach led: Target Games	Teacher led: Gymnastics Coach led: Net and Wall Games	Teacher led: Parkour Coach led: Invasion Games	Teacher led: Team Building Coach led: Athletics
Year 3	Teacher led: Fitness Coach led: Fundamentals	Teacher led: Dodgeball Coach led: Ball Skills	Teacher led: Dance Coach led: Football	Teacher led: Gymnastics Coach led: Handball	Teacher led: Parkour Coach led: Basketball	Teacher led: Tennis Coach led: Athletics
Year 4	Teacher led: Fitness Coach led: Fundamentals	Teacher led: Dodgeball Coach led: Ball Skills	Teacher led: Dance Coach led: Football	Teacher led: Gymnastics Coach led: Handball	Teacher led: Parkour Coach led: Basketball	Teacher led: Tennis Coach led: Athletics
Year 5	Teacher led: Fitness Coach led: Badminton	Teacher led: Volleyball Coach led: Football	Swimming (2 week block) Coach led: Rugby	Teacher led: Gymnastics Coach led: Handball	Teacher led: Parkour Coach led: Netball	Teacher led: Tennis Coach led: Athletics
Year 6	Teacher led: Fitness Coach led: Badminton	Teacher led: Volleyball Coach led: Football	Teacher led: Dance Coach led: Rugby	Teacher led: Gymnastics Coach led: Handball	Teacher led: Parkour Coach led: Netball	Teacher led: Tennis Coach led: Athletics